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## What Others are Saying about *Pathways to Recovery*

"Before I started *Pathways*, my mental illness defined me. As I started the *Pathways* group, I realized recovery defined me. When I finished *Pathways*, I realized I could define my own life."  
~ Illinois

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"I seemed to find a great sense of peace within myself from this book. I found out that you can do almost anything if you practice recovery. I'm just beginning to find my own way but I've learned so many new paths. Thanks!"  
~ Kansas

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"*Pathways* will fit extremely well with the Strengths Recovery model which we are in the process of introducing to our mental health services."  
~ New Zealand

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"I just received a copy of the *Pathways to Recovery* Workbook & I am thrilled with what I am seeing. I'm a new Peer Counselor & I believe our team will be greatly helped by this book!"  
~ Virginia

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"We have had great success with *Pathways to Recovery* so far. I can see the differences in people after just one session!"  
~ Ontario, Canada

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"*Pathways to Recovery* was sitting in front of me last week when our Quality Management Committee (which is 40% consumer advocates) was working on how we might get our clinicians to incorporate the work of recovery into all of our treatment. I glanced through the book and think it will be a great help in that work, and I have lots of ideas about how we might incorporate it."  
~ Oregon

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"This is an empowering book with reasoned steps & simple, accessible procedures that would complement any program. Working with individuals as they implement this workbook will surely enhance the relationship strength as we support the client in moving between levels of treatment & involvement and will provide the individual with a clear record of their advances."  
~ Alaska

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"I received the workbook yesterday and read a half of it last night. I am so impressed by the contents and I can't wait to share it with others!"  
~ Australia