



# Student Success Training Outline

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## Week 1

Pre-Test Research  
Syllabus  
Getting Started

### Homework:

Getting Started Study Guide

## Week 2

Stress Management

### Homework:

Stress Management Study Guide

*Student Success Lab Mini WRAP*

## Week 3

Admission Process  
Financial Aid (Guest Speaker)

### Homework:

Admission/Financial Aid Study Guide  
“Building a Future” Scholarship Application

## Week 4

College Tour (Guest Speakers)  
Accommodations (Guest Speaker)

### Homework:

College Campus Study Guide  
Accommodations Questionnaire

## Week 5

Time Management  
Organization Skills

### Homework:

Study Skills Questionnaire and Check List

## Week 6

Effective Listening  
Learning Styles

### Homework:

Effective Listening Study Guide  
Learning Styles Study Guide

## Week 7

Note Taking

### Homework:

Note taking study guide  
Attend a lecture & take notes using Cornell method

## *Break!*

### **Week 8**

Computer Skills (Basic)

**Homework:**

NO Homework

### **Week 9**

Computer Skills (Internet)

Scavenger hunt!

### **Week 10**

Reading Skills and Paraphrasing

**Homework:**

Reading Skills Study Guide

Read *Pathways to Recovery* Chapter 7: take notes

Read Page 219 in *Pathways to Recovery* and paraphrase

“Benefits of a Social Support”

### **Week 11**

Writing Skills (Guest Speaker)

**Homework:**

Writing Skills Study Guide

\**Reaction Paper on selected article*

### **Week 12**

Test Taking Skills

**Homework:**

NO Homework

### **Week 13**

**\*REACTION PAPER DUE**

Career Planning (Guest Speaker)

Interest Inventories

**Homework:**

Assessing individual strengths and interests

### **Week 14**

Career Exploration

*(Interest Inventories Results and research careers)*

**Homework:**

\**Final Paper: Exploring Your Career*

### **Week 15**

Research Day~ Writing papers **\*\* Need Computer Lab**

## Week 16

Final Class:

- Post-Test Research
- Career Papers due

***\*\* Student Success Celebration!~ ~ Date to be determined***