

Critical Components in a Supported Education Program

The KU Supported Education Emerging Best Practice Team has identified critical components in a Supported Education Program:

1. Strong commitment to Supported Education best practices.
2. Supported Education team provides individualized services.
3. Eligibility based solely on desire to participate in Supported Education.
4. Supported Education services based on participant's preferences.
5. Program utilizes an Educational Assessment.
6. Individually tailored Educational Goal Plan.
7. Congruency is found between participant and treatment plan.
8. Enrollment supports are readily available.
9. Individualized educational supports are offered.
10. Confidence and knowledge building activities are delivered.
11. Program encourages positive, forward educational progress.
12. Collaboration and communication occurs with relevant others.



“Education is Good Medicine”



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The University of Kansas
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Supported Education Emerging Best Practices (EBP) Project

“Education is Good Medicine”



In partnership with
Kansas Department of Social Rehabilitation Services
(KS SRS)

Emerging Best Practices in Supported Education

Supported Education is an emerging best practice in psychiatric rehabilitation. The aim of the KU Supported Education initiative is to advance the use of emerging best practices in the field of mental health and academic services. The KU model incorporates years of first hand experience in delivery of supported education, program evaluation, reviews of relevant literature and research activities.



Supported education services utilize best practices, addresses transitional academic needs, identifies barriers, develops strategies to overcome barriers and secures a myriad of resources and accommodations for students with a history or experience of psychiatric disability to access and succeed in post-secondary education.

Supported Education Best Practices Program

In order to increase opportunities for individuals with psychiatric disabilities to gain access and become interested in post-secondary educational activities, an **Emerging Best Practices for Supported Education** has been designed, developed and continues to be delivered.

Supported Education Program Design:

- ~ Developing strong partnerships with community mental health centers and area post-secondary academic institutions
- ~ Assessing organizational readiness, including identifying barriers and a comprehensive assessment of the agencies fidelity to supported education best practices.
- ~ Providing comprehensive training to the CMHC and key stakeholders on Supported Education services
- ~ Formation of a Supported Education Leadership Team that oversees and supports the goals for Supported Education services. The Supported Education Leadership Team is comprised of community stakeholders, post-secondary academic representatives; student/consumer and supported education program staff from the CMHC and others.
- ~ Provision of best practice tools, including the KU Supported Education Fidelity Scale, the Supported Education Intensity Scale and many other helpful resources.
- ~ Comprehensive technical assistance training activities for Best Practices.
- ~ Program evaluation and feedback
- ~ Longitudinal Research on student outcomes

Supported Education Support Package & Resources

The KU Emerging Best Practice Team offers support and resources to those CMHC's who are involved in the KU EBP Project or who are interested in implementing Supported Education Programming.



These supports and resources include:

1. Individualized Consultation & Technical Assistance
2. Organizational Readiness Assessment
3. Emerging Best Practices Training
4. Job Performance & Supervision
5. Leadership Team Development
6. Emerging Best Practice Tools
7. Supported Education Fidelity Assessment
8. Using Data to Improve Performance
9. Research Activities